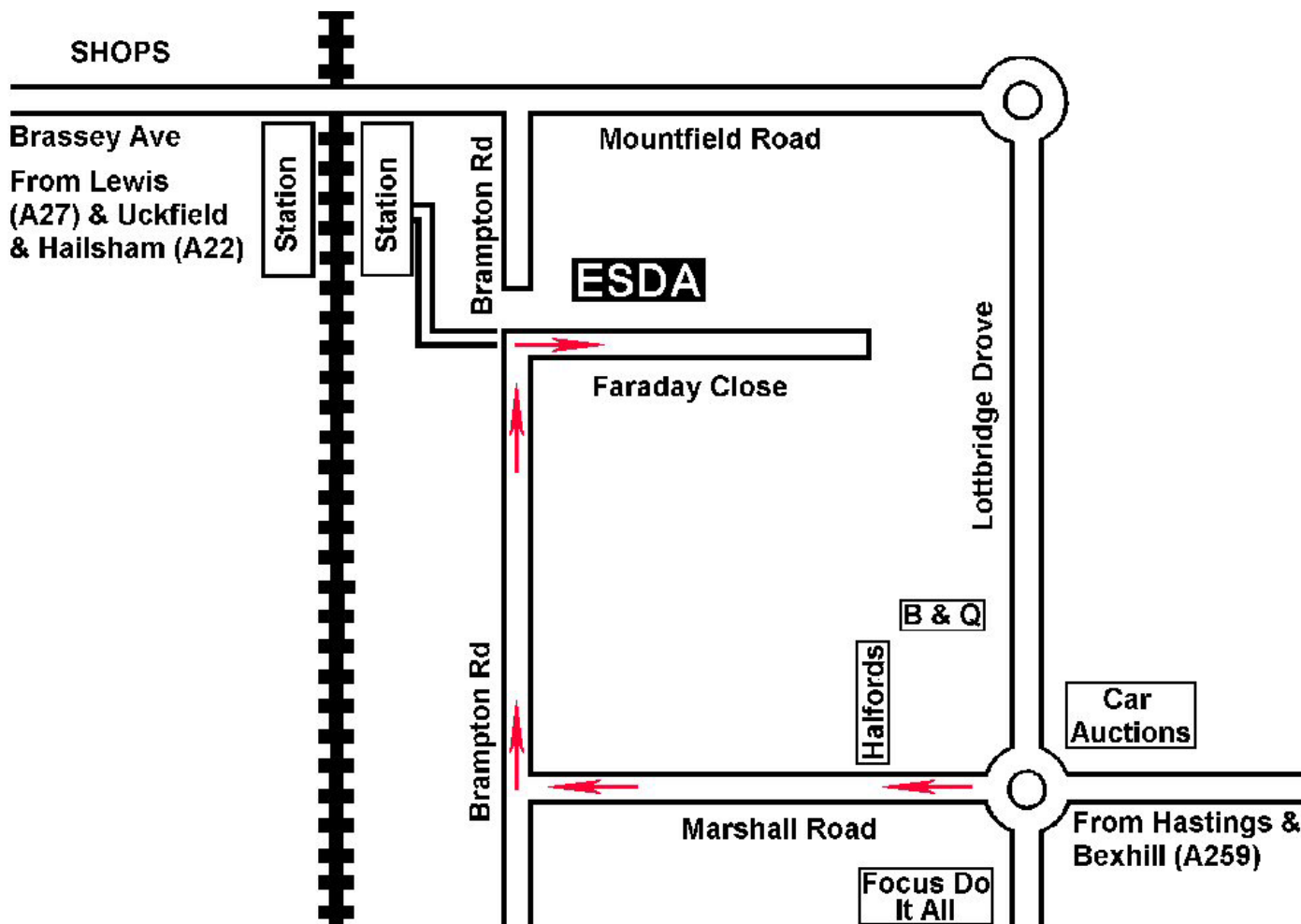


EAST SUSSEX DISABILITY ASSOCIATION LOCATION MAP



Travelling by Car

From Lewes (A27) & Uckfield/Hailsham (A22)

From the A27(Lewes), and A22(Uckfield), at the new large Polegate bypass roundabout take the dual carriage way signposted to Eastbourne Industrial Estates/Hastings. At the first two roundabouts you reach, take the second exit on each towards Eastbourne Industrial estates. This second stretch of dual carriageway brings you out to a large roundabout with Gardner's Books Warehouse diagonally to your right. Take the third exit on this roundabout, past Gardner's Books. Take the second exit at the next roundabout.

Continue to the next roundabout and go straight across (second exit) into Marshall Road, with Dunelm Mills on your left and Maplin and Halfords on your right. Continue to the end and turn right into Brampton Road. After 200 metres the road turns sharply right (into Faraday Close). The East Sussex Disability Association is immediately on your left after turning the corner.

From Hastings & Bexhill (A259)

From the roundabout at the eastern end of the Pevensey bypass with the ESSO garage, go straight across, and continue along the bypass. When you reach the next roundabout, take the first exit left, towards Eastbourne Industrial estates. You immediately come to a second roundabout, go straight across (2nd exit,) and follow the new dual carriageway (Golden Jubilee Way) into Eastbourne. This brings you out to a large roundabout with Gardner's Books Warehouse diagonally to your right. Take the third exit on this roundabout, past Gardner's Books (now on your left.)

Continue to the next roundabout and go straight across (second exit) into Marshall Road, with Focus Do-It-All on your left and B & Q on your right. Continue to the end and turn right into Brampton Road. After 200 metres the road turns sharply right (into Faraday Close). The East Sussex Disability Association is immediately on your left after turning the corner

Travelling by train

ESDA is a short distance from Hampden Park station. Turn right along the paved footpath on platform 2 next to the ticket machine. There are small steps down to the right, past the back gardens of local houses. The footpath bends to left, and opens out opposite ESDA's offices.

To avoid the steps, turn left at the footpath towards Hampden Park shops on Mountfield Rd. Turn right at the end of the footpath, and then first right into Brampton Road. ESDA offices are at the end of Brampton Rd. (see map on reverse)

There are direct trains from London Victoria, Lewes, Brighton and Hastings stations to Eastbourne. Some fast trains do not stop at Hampden Park, and you may need to check in advance if you have to change at Eastbourne station to come back out one stop to Hampden Park.

Travelling by Bus

The nearest bus stop is in Mountfield Rd, Hampden Park. Turn left into Brampton Road to reach ESDA. Contact Traveline on 08457 959099 for local bus information.

For local Community Transport information contact the East Sussex Rural Transport Partnership on 01273 407329.